

# Our GIFT to the New Couple

5 Conversations to Have Early in  
Your Marriage

## A Thoughtful Start

A simple guide to help you begin your marriage with  
clarity, alignment, and confidence.

By Dr. Trudy Beerman (DSI)



# *Congratulations!*

*Still feeling the honeymoon we hope!*

We were honored to be part of your journey through I DO FOR ALWAYS! As you begin building your life together, new conversations naturally come into view—especially around your future.

Things like:

- managing money together
- planning for what's ahead
- making decisions as a team
- 

These aren't urgent conversations, but they are important ones.

The couples who navigate them well tend to build stronger, more stable futures together. You do not have to go through these in any particular order, but we do encourage you to have these conversations.



## *A Thoughtful Start*

Marriage is more than a moment—it's the beginning of a shared life.

Whether you're starting your journey side by side or stepping into a season where life places you in different locations for a time (military service, work assignments, or other transitions), the strength of your relationship will be shaped by the conversations you have early.

This guide is designed to help you begin with intention.

You don't need to have all the answers.  
You simply need to start the conversations that matter.



## *Your Key Dates & Details*

YOUR WEDDING DATE:

\_\_\_\_\_

PARTNER 1 BIRTHDAY:

\_\_\_\_\_

PARTNER 2 BIRTHDAY

\_\_\_\_\_

*Other wedding details worth remembering:*



# *THE 5 CONVERSATIONS*

1.

STAYING CONNECTED

2.

MONEY & FINANCIAL CLARITY

3.

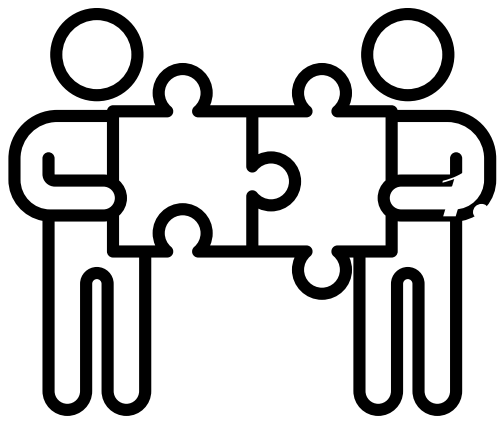
ACCESS & PRACTICAL READINESS

4.

EXPECTATIONS & SUPPORT

5.

PROTECTION & PEACE OF MIND



# *Staying Connected*

*CONNECTION DOESN'T HAPPEN BY ACCIDENT—IT'S CREATED ON PURPOSE.*

WHAT HELPS EACH OF US FEEL CONNECTED ON A DAILY OR WEEKLY BASIS?

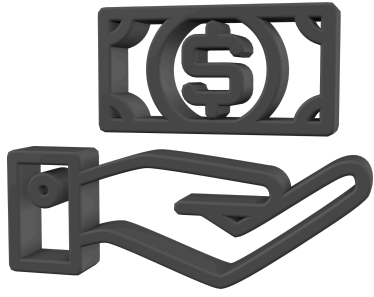
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HOW WILL WE COMMUNICATE WHEN LIFE GETS BUSY OR SCHEDULES DON'T ALIGN?

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WHAT DOES QUALITY TIME LOOK LIKE FOR EACH OF US?

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## *2. Money & Financial Clarity*

*MONEY IS ONE OF THE MOST COMMON SOURCES OF TENSION—BUT ALSO AN OPPORTUNITY FOR ALIGNMENT.*

HOW WILL WE MANAGE FINANCES AS A COUPLE?

WHAT ARE OUR SHORT-TERM AND LONG-TERM FINANCIAL PRIORITIES?

HOW DO WE MAKE FINANCIAL DECISIONS TOGETHER?



### 3. *Access & Practical Readiness*

*LIFE IS SMOOTHER WHEN BOTH PARTNERS ARE INFORMED AND PREPARED.*

DO WE BOTH HAVE ACCESS TO IMPORTANT ACCOUNTS AND INFORMATION?

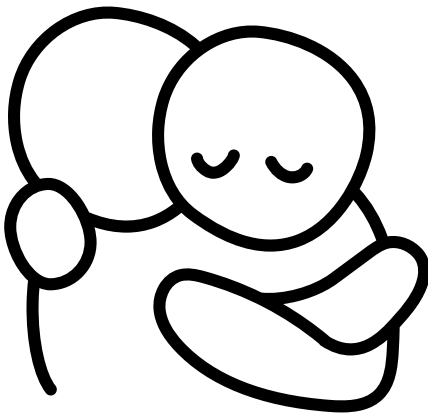
Empty response area for the first question.

DO WE KNOW WHERE KEY DOCUMENTS ARE STORED?

Empty response area for the second question.

WHO HANDLES WHAT WHEN IT COMES TO DAY-TO-DAY RESPONSIBILITIES?

Empty response area for the third question.



## 4. *Expectations & Support*

*UNSPOKEN EXPECTATIONS OFTEN LEAD TO FRUSTRATION. CLEAR COMMUNICATION BUILDS TRUST.*

WHAT DO WE EACH NEED EMOTIONALLY FROM ONE ANOTHER?

HOW DO WE HANDLE STRESS, CONFLICT, OR DISAPPOINTMENT?

HOW CAN WE BETTER SUPPORT EACH OTHER DURING CHALLENGING SEASONS?



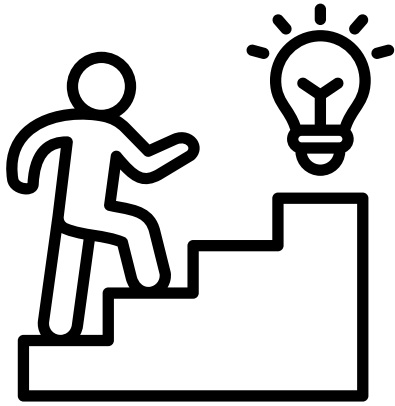
## 5. *Protection & Peace of Mind*

*LOVE IS NOT ONLY EXPRESSED IN WORDS—IT'S ALSO REFLECTED IN PREPARATION.*

IF SOMETHING UNEXPECTED HAPPENED, WOULD WE BE PREPARED?

ARE THERE STEPS WE SHOULD TAKE NOW TO PROTECT ONE ANOTHER FINANCIALLY?

WHAT WOULD GIVE US BOTH GREATER PEACE OF MIND MOVING FORWARD?



## *Your Next Steps*

You don't need to tackle everything at once, nor in the order suggested here.

**Choose one conversation and begin there.**

Strong marriages are built over time—with intentional decisions, honest communication, and a shared commitment to grow together.

If you ever want guidance on protecting your future together - whether that's understanding your options or simply knowing what to consider next, I'm available to help.

For now, focus on what matters most: building a strong foundation, together.

*Dr. Trudy Beerman*



## *About Dr. Trudy*

Dr. Trudy Beerman architects the transition from private brilliance to public authority for established experts.

Known as the REACHologist®, Dr. Beerman uses strategic media architecture and SEO-backed authority signals to position founders, authors, and CEOs for discovery, trust, and choice at the level of their mastery.

She is the founder and CEO of PSI TV Network, a multi-platform television and media ecosystem designed to position experts as recognized authorities — and the creator of REACHology®, the science and art of influential reach.

*Recognized globally as a thought leader in personal branding and public relations.*

*Her masters in Pastoral Counseling along with her mother, a licensed marriage and family therapist (now retired), they developed this course to help reduce the divorce statistics and give couples a better chance at having an I DO FOR ALWAYS.*